

# Post-Abortion Resources

## **Abortion Changes You**

[www.abortionchangesyou.com](http://www.abortionchangesyou.com)

Abortion Changes You is an online platform for those who are affected by abortion to share their stories in a safe place. *Spanish Resources Available.*

## **Abortion Recovery International**

**(866) 4-My-Recovery**

[www.abortionrecovery.org](http://www.abortionrecovery.org)

Abortion Recovery International includes message boards, an abortion recovery video, a section for “unborn memorials,” as well as resources for how to talk to children.

## **Fatherhood Forever**

[www.fatherhoodforever.org](http://www.fatherhoodforever.org)

Fatherhood Forever was created to help men come to a deeper understanding of the lost opportunity for fatherhood and reach recovery, all in a safe place.

## **Healing Hearts Ministry**

[www.healinghearts.org](http://www.healinghearts.org)

Healing Hearts Ministry offers post-abortion Bible studies (available online or live), both for men and women, and radio interviews to listen to are available on this website.

## **National Memorial for the Unborn**

[www.memorialfortheunborn.org](http://www.memorialfortheunborn.org)

National Memorial for the Unborn provides a place where the unborn can be honored and remembered in a tangible way, allowing a sense of closure.

## **National Office of Post-Abortion Reconciliation and Healing**

[www.noparh.org](http://www.noparh.org)

National Office of Post-Abortion Reconciliation and Healing links women, fathers, grandparents, and others whom are affected by abortion, to resources such as books, audio, video, and other agencies to ease the healing process

## **Project Rachel**

[www.hopeafterabortion.com](http://www.hopeafterabortion.com)

Project Rachel provides real stories and tips for how to talk to a friend who’s had an abortion and discusses the adverse psychological reactions to abortion and additional post-abortion research. *Spanish Resources Available.*

## **Rachel’s Hope**

[www.rachelshope.org](http://www.rachelshope.org)

Rachel’s Hope provides post-abortion healing and reconciliation for Catholic (or Catholic-friendly) women.

## **Rachel’s Vineyard**

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

Rachel’s Vineyard offers weekend retreats (Friday-Sunday) for anyone suffering from post-abortive emotions in a supportive, confidential and non-judgmental environment. Rachel’s Vineyard allows both women and men to grieve their loss freely and openly while being guided through their healing journey.

## **Ramah International**

<http://www.ramahinternational.org/>

Ramah International provides post-abortion resources to women, men, and families. Their website includes information about Post-Abortion Syndrome, frequently asked questions, testimonials, and videos.

*(These resources are not affiliated with Abortion Pill Reversal.)*